



33 Pleasant Street, Truro, NS B2N 3R5  
895-0931  
1 866-940-AIDS (2437)  
[nacs@eastlink.ca](mailto:nacs@eastlink.ca)  
[www.northernaidconnectionsociety.ca](http://www.northernaidconnectionsociety.ca)  
[@NHCSociety](https://www.facebook.com/nhcsns)

## Services Contact List

**Opiate Treatment Program**  
(902) 893-4776  
332 Willow Street  
Truro NS

**Hepatitis Outreach Society**  
(902)420-1767  
or toll free at  
1-800-521-0527  
2973 Oxford Street  
Halifax, NS  
[www.hepatitisoutreach.com](http://www.hepatitisoutreach.com)

**Mainline Needle Exchange**  
Provincial Outreach # call  
902-877-0555  
or toll free at  
1-877-904-4555  
[www.mainlineneedleexchange.ca](http://www.mainlineneedleexchange.ca)

### Addiction Services

**Amherst-**  
(902) 667-7094  
30 Prince Arthur Street  
Amherst, NS

**East Hants Resource Center**  
(902) 883-0295  
15 Commerce Court  
(Suite #250) Elmsdale, NS

**New Glasgow Community Health Center**  
(902) 755-7017  
835 East River Road  
New Glasgow, NS

**Pictou - Inpatient Services**  
(902) 485-4335  
199 Elliott Street  
Pictou, NS

**Springhill -Inpatient Services**  
(902) 597-8647  
10 Princess Street  
Springhill, NS

**Truro - Victoria Court**  
(902) 893-5900  
14 Court Street,  
Suite 205, Truro, NS

### Sexual Health Centers in Northern Nova Scotia

**Sexual Health Center for Cumberland County**  
11 Elmwood Drive , Amherst , NS side entrance  
Phone 667-7500  
[shccc@ns.aliantzinc.ca](mailto:shccc@ns.aliantzinc.ca)  
[www.cumberlandcounty.cfsh.info](http://www.cumberlandcounty.cfsh.info)  
[facebook.com/page/Sexual-Health-Centre-for-Cumberland-County](https://facebook.com/page/Sexual-Health-Centre-for-Cumberland-County)  
Hours of Operation are Mon. - Thurs.

**Pictou County Center for Sexual Health**  
503 South Frederick Street, New Glasgow, NS  
Phone 695-3366  
[pcsexualhealth@hotmail.com](mailto:pcsexualhealth@hotmail.com)  
[www.pictoucountysexualhealth.com](http://www.pictoucountysexualhealth.com)  
[facebook.com/pages/pictou-county-centre-for-Sexual-Health](https://facebook.com/pages/pictou-county-centre-for-Sexual-Health)  
Hours of Operation are Mon. - Fri.  
9:00am – 4:30 pm

**Colchester Sexual Assault Center**  
80 Glenwood Drive, Truro, NS  
Phone 897-4366  
[truorsexualassault@hotmail.com](mailto:truorsexualassault@hotmail.com)  
No website or facebook page available  
Hours of Operation are Mon. - Thur.  
9:30am – 4:30 pm

### Anonymous HIV Testing

#### **Halifax Sexual Health Center (HSHC)**

6009 Quinpool Road Suite 201,  
Halifax, Nova Scotia  
B3K 5J7

[www.hshc.ca](http://www.hshc.ca)

Hours of Operation Monday, Tuesday, Thursday  
8:30am-12:00pm and 1:00pm-7:30pm

Wednesday morning by appointment: 1:00pm - 4:00pm

Friday 8:30am-12:00pm and 1:00pm– 4:00pm

The last doctor appointment is no later than 6:00pm

Hep B & C and Syphilis testing are also available but not anonymously.

Call (902) 455-9656 or email

[admin@hshc.ca](mailto:admin@hshc.ca)

to book an appointment.

#### **AIDS Coalition of Nova Scotia (ACNS)**

1668 Barrington St Suite 401  
Halifax, Nova Scotia  
B3J 2A2

Anonymous testing available once every two weeks at ACNS, through PrideHealth (Capital Health), by a Clinical Nurse Specialist.

Call (902) 220-0643 or email

[anita.keeping@cdha.nshealth.ca](mailto:anita.keeping@cdha.nshealth.ca)

to book an appointment.

# Food Banks

## Colchester Food Banks Association

(902) 893-4566  
76 Lorne St, Truro, NS

## Salvation Army Family Services—Truro

(902) 893-1862  
14 Outram St, Truro, NS

## Amherst Food Assistance Network Association

(902) 661-0677  
5 King St, Amherst, NS

## Oxford & Area Food Bank Association

For info call 477-2582 (Chairperson) or  
447-2590 (Secretary)  
#1 Lower Main St, Oxford, NS

## Parrsboro & Area Food Bank

(902) 254-2934  
St George's Church Hall  
Chapel St, Parrsboro, NS

## Pugwash & Area Food Bank

Located at North Cumberland  
Memorial Hospital  
(902) 257-2686  
260 Church St, Pugwash, NS

## Springhill Food & Clothing Bank

(902) 597-3067  
51 Mechanic St, Springhill, NS

## Pictou West Food Bank

(902) 485-8996 (Help Line)  
40 Water Street St,  
Pictou, NS

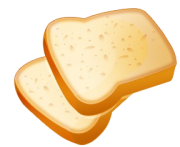
## Pictou County East Food Bank

(902) 755-2906  
410 Granville St, New Glasgow, NS

## Shumilacke Food Society

(902) 758-1701  
5 Mill Village Rd, Shubenacadie, NS

**Please call ahead to inquire when they  
are open; as each place is open on  
different days and times.**



## Services Available in 1st Nation Communities

### Transition House

#### **Mi'kmaw Family Healing Centre**

Crisis Line: 1-800-565-4741  
Administration (902) 893-8483

### Food Banks

#### **MicMac Benevolent Society—Millbrook**

(902) 895-1738

#### **Community Center - Indian Brook**

(902) 758-3571

### Addiction Services

#### **Pictou Landing**

(902) 752-1918

#### **Millbrook Health Center**

(902) 895-9468

#### **Eagles Nest**

(902) 758-2776  
Indian Brook, NS

## Transition Houses

**Third Place:** Crisis Line 1-800-565-4878 or (902) 893-3232  
Truro, NS Administration & Outreach 895-9740 Office 893-4844  
Email: [victimsassociation@ns.aliantzinc.ca](mailto:victimsassociation@ns.aliantzinc.ca)  
[thirdplaceoutreach@ns.aliantzinc.ca](mailto:thirdplaceoutreach@ns.aliantzinc.ca)

**Tearmann House:** Crisis Line 1-888-831-0330 or (902) 752-0132  
New Glasgow, NS Outreach 752-2591  
Email: [tearmann@ns.sympatico.ca](mailto:tearmann@ns.sympatico.ca)

**Autumn House:** Amherst, NS (902) 667-1200  
Email: [autumnhouse@ns.aliantzinc.ca](mailto:autumnhouse@ns.aliantzinc.ca)

## Out of the COLD Shelters

These shelters only run from December 1 2011 to April 15 2012  
A safe place to sleep 8pm to 7am please arrive by 10pm

### Immanuel Baptist Church

**Friday, Saturday, Sunday and Monday nights**

295 Young Street

Truro, NS

(902) 895-8857

### St. Andrew's United Church

**Tuesday night**

55 King Street

Truro, NS

(902) 893-8396

### First United Church

**Wednesday and Thursday nights**

111 Lorne Street

Truro, NS

(902) 895-8098