

Volunteers Making a Difference!

NHCS is currently seeking motivated volunteers to assist in our day-to-day operations, fundraising or serving on the NHCS Board of Directors or a committee. You have skills and abilities that would be an asset to the organization.

Become part of the NHCS team that make a difference in peoples lives.

Contact Us Today! NHCS needs you.

FUNdraising

Annual Charity Auction/Silent Auction

Held throughout the year featuring works of Nova Scotian artists who work in all mediums as well gift cards/baskets and donations from the business community.



Scotiabank Walk for Life



BBQs/
Community

Events



If you are interested in getting involved in one of these events please contact us!

"It's time to stand up, it's time to speak out, it's time to make a difference...because healthy choices should be everyone's concern." ~Albert McNutt, Society Founder and Board Member



NORTHERN HEALTHY CONNECTIONS SOCIETY

33 Pleasant Street
Truro, Nova Scotia
B2N 3R5

Phone: 902-895-0931



Northern Healthy
Connections Society

Serving Colchester-East Hants,
Cumberland and Pictou
Counties

*Because fostering healthy
communities is a
Priority !!!*

Who We Are

Mission

Northern Healthy Connections Society (NHCS) is a community based not for profit organization with a mission to promote overall health and well being. The NHCS is above all supportive of healthy choices and healthy decisions of priority populations at risk for Sexually Transmitted and Blood Borne Infections (STBBIs) in northern Nova Scotia.

NHCS continues to dream and hope for a world without discrimination, fear, stigma and a lack of knowledge of risk taking activities. NHCS is committed to act responsibly in meeting the ongoing challenges pertaining to healthy decision making in northern Nova Scotia.

Charitable Status

NHCS can issue receipts to any person or business making a donation over the amount of twenty dollars.

Registered Charitable Organization Number
886284116RR0001

NHCS conducts an annual giving campaign targeting local companies and business to make a donation to assist with sustainability and programs. If you are interested in being a "Friend of Northern Healthy Connections Society", please contact us through email at nhcsadmin@eastlink.ca or phone 902-895-0931

What We Do

NHCS's promotes a model of practice where greater and meaningful involvement of persons who are affected by any issues pertaining to overall health and well being. NHCS functions within a health promotion framework and all services are provided in a safe, confidential and judgement free environment.

Programs and Services

- Support and Treatment Information
- Sexually Transmitted Infections Information
- Blood Borne Infection Information
- Condom Co-op
- Youth PhotoVoice
- Information on STBBI Testing/Referrals
- Healthy Decision Making Fairs
- Needle Exchange (Mainline Partnership)
- Prison Outreach
- LGBTQ Support
- Hep C (Hepatitis C) AWARE Project
- Prevention Education
- Quarterly "EXtreme Reality" Newsletter
- Toll-Free Line 1-866-940-AIDS (2437)
- Resource Library

Who Is At Risk

Anyone who engages in unprotected sexual activity or shares needles can be exposed to sexually transmitted or blood borne infections (STBBIs)

You do not get exposed because of who you are ... a transmission is a result of what you are doing and high risk behaviour.

It is what you do that matters !!!

Awareness Campaigns Annual Dates to Remember

National Condom Day—February 14

Sexual Health Awareness Week—February 14-21

International Women's Day—March 8

World Health Day—April 7

World Hepatitis Month—May

International Day Against Homophobia—May 17

World Hepatitis Day—July 28

International Youth Day—August 12

AIDS Awareness Week—last week in November

World AIDS Day—December 1