

Volunteers Making a Difference!

NHCS is currently seeking motivated volunteers to assist in our day-to-day operations, fundraising or serving on NHCS Board/ Committees.

Become part of the NHCS team that make a difference in peoples lives. Contact Us Today! NHCS needs you.

FUNdraising



- Charity Auction
- Scotiabank AIDS Walk for Life



- **Psychic Fair**



- **BBQs/Community Awareness Campaigns**

If you are interested in getting involved in one of these events please contact us!

For information and resources on health related issues and playing safe contact NHCS or visit the extensive onsite Resource Library.

- *Safe Zone Fact Sheet*
- *Brochures/Pamphlets*
- *Post Cards*
- *Free Condoms & Lube*
- *Condom Use Fact Sheet*
- *Lesbian, Gay & Bisexual Youth Project*



NORTHERN HEALTHY CONNECTIONS SOCIETY

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@NHCsociety

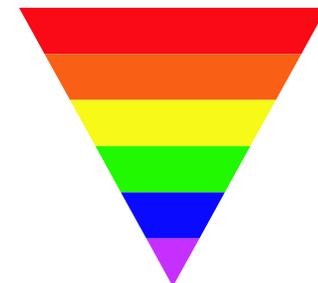


www.facebook.com/nhcsns



"Cover Your Cock"

Cock Tales in
Northern, Nova
Scotia



Who We Are

Northern Healthy Connections Society (NHCS) is a community based HIV/AIDS organization serving Northern Nova Scotia (Colchester, Pictou, Cumberland and East Hants Counties).

Organizational Vision

The Northern Healthy Connections Society continues to dream and hope for a world without AIDS. We are committed to act responsibly in meeting the ongoing changes and challenges of the HIV/AIDS epidemic in Northern NS.

NHCS supports and works with the LGBT community.

Would you like to have activities such as pot lucks, coffee hours or support group sessions in Colchester County...if so please contact the NHCS at 902-895-0931

NHCS wants to help !!

NHCS wants to address gay men's health.

Personal Stories

- *I feel that my partner doesn't trust me if I suggest we use condoms.*
- *I'm always the top and I am negative, so I never use a condom...I'm not at risk !!*
- *I really like rimming and I don't like to use a barrier...the barrier ruins the mood !!*
- *I have a hard time discussing my sexual preference with my family doctor, especially around being on the receiving end of anal sex.*
- *The activity I like most is getting fucked...but I am really scared about catching something...you know like syphilis.*
- *AIDS scares the hell out of me.*
- *I want to meet guys, but it's hard in a small town...where are they hiding ??*
- *I have a boyfriend...but I love to fool around as well. I don't know how to control myself when it comes to a monogamous relationship.*
- *My partner and I are both HIV+, so we can bareback all we want...who cares !!*
- *I often feel pressured to use recreational drugs when I am hanging out with my friends.*

Who is at Risk for HIV/AIDS?

ANYONE, ANYWHERE who has unprotected sex or shares needles can be exposed to HIV/AIDS.

You don't get HIV or AIDS because of who you are, or where you live. It is what you do that matters.

SYPHILIS IS BACK—Across Canada, communities have seen a huge rise in syphilis over the past 7 years. In most communities gay men, bisexual men and men who have sex with men (MSM) have seen increases in the transmission. Over 1/2 of the cases reported have been among men who are living with HIV. Syphilis can easily be tested for and treated if caught early enough.

WHAT IS SYPHILIS ?

It's a sexually transmitted infection (STI) caused by bacteria that attacks the body in three stages. You may have syphilis and not know it. Some people develop visible symptoms of syphilis but some don't.

HIV AND SYPHILIS—If you are living with HIV, syphilis can hit you harder and it may be more difficult to treat. If you have syphilis, you are more likely to get HIV or pass it on to another person if you are engaging in unprotected sex.

Annual Dates to Remember

International Day Against Homophobia—May 17th

World Hepatitis Day—July 28th

Gay Pride—June/July

AIDS Awareness Week ~ last week in November

World AIDS Day ~ December 1st