

MORE INFO

No matter the extent of an addiction, a substance abuse problem is treatable. The first step in recovering from substance abuse is admitting the need for help. If you suspect that you or someone you know may be dependent upon club drugs or other harmful substances, you can seek professional help.



For help or more information contact your family doctor, the kids help line 1-800-668-6868 or NHCS at 895-0931 or 1-888-940-2437.

NHCS offers:

- Free condoms, lube and dental dams
- Support and treatment information, youth programming
- LGBT support,
- Hep C Aware Project and a resource library with Tonnes of information All FREE SERVICES

Northern Healthy Connections Society (NHCS) is a community based HIV/AIDS organization serving Northern NS (Colchester East-Hants, Pictou and Cumberland Counties). Our mission is to promote the health and well being of those living with and affected by HIV/AIDS, the Hepatitis C Virus or Sexually Transmitted Infections (STIs).

ALL SERVICES ARE PROVIDED IN A SAFE, CONFIDENTIAL AND JUDGEMENT FREE ENVIRONMENT



CLUB DRUGS WHAT'S IT GOING TO COST YOU???

Northern Healthy Connections Society
33 Pleasant Street
Truro, NS

Phone: 902-895-0931
Toll Free: 1-888-940-2437
Fax: 902-895-3353
E-mail: nacs@eastlink.ca



@NHCsociety



www.facebook.com/nhcsns

Club Drugs

What's it going to cost you?



902-895-0931

PARTY!

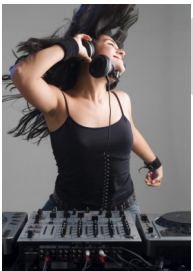
Many people think using club drugs (or Rave Drugs also called Designer Drugs) will give them energy to keep on partying. They don't realize that these drugs also cause long lasting negative effects.

FORMS

- Pills
- Liquid
- Powder
- Can be inhaled, ingested, injected or smoked.

DATE RAPE

A person sedated with Rohypnol or GHB may experience difficulty moving and speaking and loss of judgment and memory. In some instances, these "date-rape drugs" are added to a person's drink in order to induce sedation and amnesia, making the person vulnerable to sexual assault.



When mixed with alcohol, the effects of these drugs are stronger and deadlier.

What Are Club Drugs?

ECSTASY
HERBAL ECSTASY
ROHYPNOL (GHB)
KETAMINE (SPECIAL K)
FENTANYL

UPPERS & DOWNERS

Some club drugs act as stimulants, which speed up your central nervous system while others depress or slow down your central nervous system.

Possible Effects of long term use includes

- **Addiction**
- **Sleep Disorders**
- **Anxiety and depression**
- **Mental Confusion**
- **Liver Failure**

Viruses Like HIV and Hepatitis C are easily transmitted through sharing needles used to inject drugs.

Snorting is also a transmission route for the Hepatitis C Virus.

If you are using Club Drugs your ability to make healthy decisions can change. You might have unprotected sex which could lead to Viruses like HIV or other sexually transmitted infections.

CLUB DRUGS WHAT'S IT GOING TO COST YOU???

NORTHERN HEALTHY CONNECTIONS
SOCIETY
33 Pleasant Street
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B2N 3R5

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