

EXtreme REALITY

Northern Healthy Connections Soci-

What's New ?

Testing for Sexually Transmitted and Blood Borne Infections (STBBIs) will be offered at NHCS
Call 902-895-0931 for details

Forum on the NHCS website—get connected and share your views.

Share your story in the newsletter... - confidential and anonymous.

Do you have too many conference bags ???

NHCS has started a recycling program where old conference bags are stuffed with educational material and donated to the local Food Bank.

These bags not only act as a stronger bag for carrying food, but also provides an opportunity to share knowledge and information and is good for the environment.

Please donate your used cloth conference bags to NHCS.



Northern Healthy Connections Society



Follow the organization on the Web, Face Book and Twitter
<http://www.nhcsociety.ca>
www.facebook.com/nhcsns
Twitter@NHCSociety



Truro Pride Week — July 24-29, 2017
Come join in the fun !!!
Call 902-895-0931 for information

EXtreme REALITY

Northern Healthy Connections Soci-

Youth PhotoVoice Project

NHCS has once again been awarded funding through the Department of Justice to offer this program

Information on this project call 902-895-0931

Referrals are accepted from Restorative Justice, and Mental Health

This program is also made available to institutions that offer programming for Child & Youth Worker students.

Hep C Aware Project

The Hep C Aware Project has been approved through Grants and Contributions with the Public Health Agency of Canada (PHAC) for one more year of transitional funding ending on March 31, 2018. As of March 2018 the agency will no longer be receiving funds from the Federal Government for this program.

The Northern Healthy Connections Society (NHCS) understands the need for programs such as this and will continue to distribute awareness and educational material relevant to Sexually Transmitted and Blood Borne Infections (STBBIs) including Hepatitis, Treatment, Harm/Risk Reduction and Testing information. This work will be continued through the Needle Distribution and Disposal Service. Megan Netzke is working on an evaluation of this project from beginning to end, outlining how the program has evolved, valuable statistics vital to moving forward and continue to providing awareness and services. For information contact Janet through email at admin@nhcsociety.ca.



FACE 2 FACE



(Face to Face is a new article where we will be featuring interviews with people who have accessed NHCS Services or Programs & want to share their stories. Contact us to be heard.)

- Q) "How long have you been visiting the NHCS office for services or programs?"
A) "I've been visiting NHCS for about 3 years and have been accessing the free condom program."
- Q) "How did you feel coming into NHCS?"
A) "I was worried about disclosing my sexual preference, but the staff were very welcoming, supportive and provided a great resources".
- Q) "What service were you obtaining?"
A) "I accessed the Equine Therapy Program for persons in recovery".
- Q) "How did you find out about NHCS programs and services?"
A) "A poster at the local community college".
- Q) "What are you taking away from your visit to NHCS?"
A) "It is exciting that there is finally a recognized Needle Exchange in Truro"."

**OPIATE TREATMENT & RECOVERY PROGRAM
733 Prince Street in Truro, Nova Scotia...902-893-4776**

EXtreme REALITY

Northern Healthy Connections Soci-



PFLAG
(Parents & Friends of Lesbians and Gays). This group meets at NHCS every Thursday evening from 6:00 pm to 8:00 pm

NHCS is starting a support group for persons who have lost a family member and are looking for grief support. If you are interested please call 902-895-0931.

FENTANYL
CAN BE DEADLY WHEN CUT WITH THE DRUGS YOU'RE TAKING
KNOW YOUR SOURCE? BE DRUG SMART
KNOWYOURSOURCE.CA

Time of Death
2330
Cause of Death
Overdose: Fentanyl
unknowingly taken
with other drugs

Did you know?

NHCS has a Needle Distribution & Disposal Site offering clean needles for those engaged in Injection Drug Use. If you need us call 902-895-0931 or stop by 33 Pleasant St. Truro.

EXtreme REALITY

Northern Healthy Connections Soci-

MARK YOUR CALENDAR

National Non-Smoking Week—January 15-21, 2017

National Condom Day—February 7, 2017

Pink Shirt Day—February 22, 2017

International Women's Day—March 8th

International Harm Reduction Day—May 7th

National Prescription Drop-off Day—May 21st

International Day Against Homophobia—May 17th

Truro Pride Week July 24-29, 2017

Truro Pride Parade July 29, 2017

World Hepatitis Day—July 28th

International Youth Day—August 12

International Over Dose Awareness Day—August 31

Scotiabank AIDS Walk September 25, 2016

AIDS Awareness Week—last week in November

World AIDS Day - December 1st

The Northern Healthy Connections Society is happy to announce that funding has been made available through the Nova Scotia Health Authority to support the Needle Distribution and Disposal Services in Truro, and hopefully this work will also include additional outreach services in other areas of northern Nova Scotia. This funding will be for the 2017-18 timeframe and will be assessed upon completion of one year.

The Northern Healthy Connections Society have seen the numbers of needles distributed triple in the last year. There is a real concern of what is happening in the northern area of Nova Scotia (Colchester-East Hants, Cumberland and Pictou Counties). There is also a great concern for circumstances within the three 1st Nations Communities in the northern region. If you are aware of anyone who may be at risk, please check the services available and spread the word.



There is also educational material available regarding the risks.

Scotiabank AIDS Walk

Emma Gogan has been hired through the Summer Employment Program with Service Canada. The walk date is September 24, 2017. Walk registration information may be obtained by contacting the office. Phone 902-895-0931, drop in for a visit or by emailing admin@nhsociety.ca

Please help make this year's event bigger and better !!

Please plan to be a part of this great event and assist in raising awareness and much needed funds for the Northern Healthy Connections Society. Walk as an individual, form a team, create a challenge at your place of employment, walk in memory of a loved one or just walk because you care and you can !!

Let's Do It Together !!

Bar be que provided afterwards for the walks. THANK YOU SOBEYS for once again providing gift cards to sponsor this part of the walk.

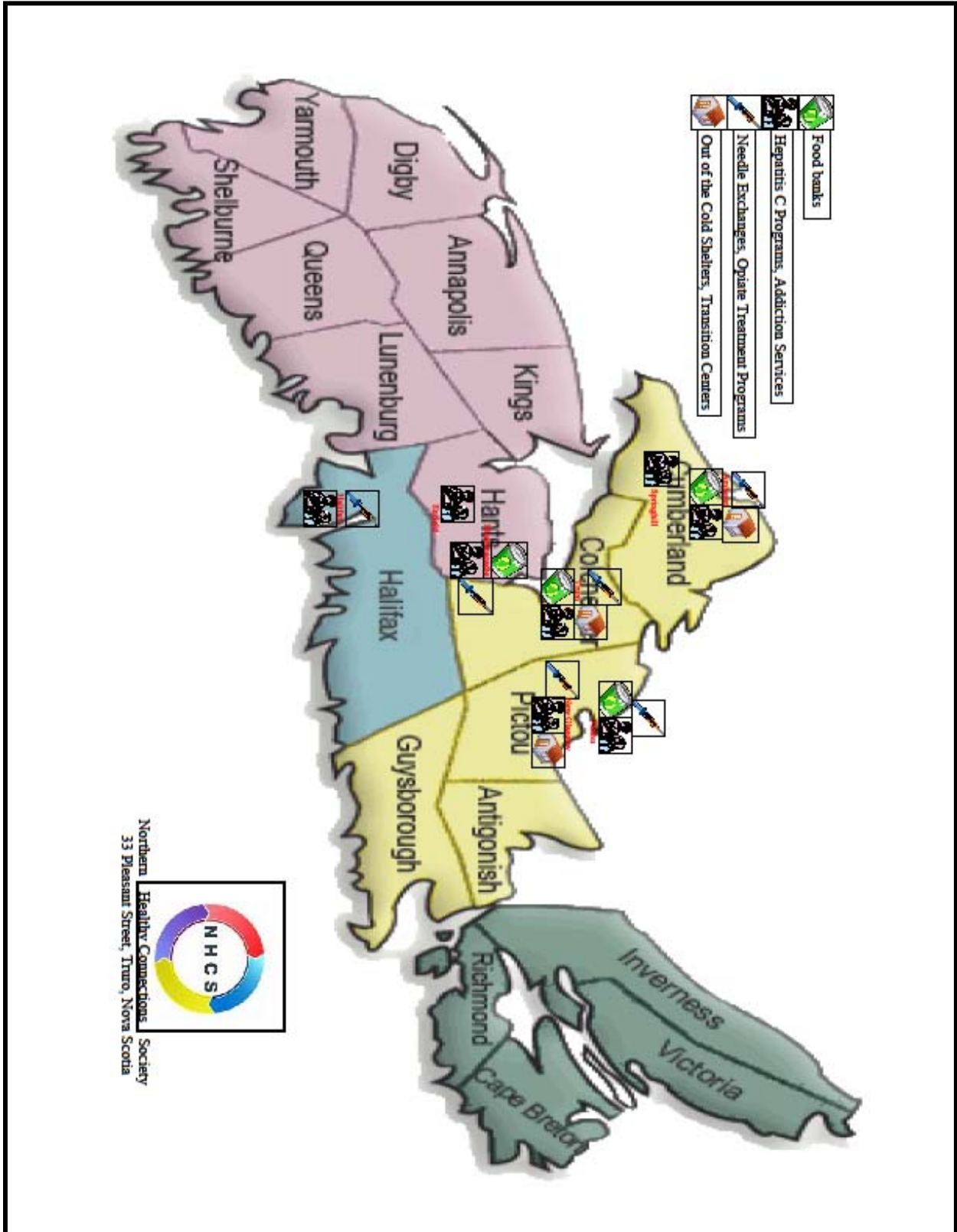
Free Condom Program ...Please check it out !! If an organization is interested in becoming a member of the NHCS Condom Co-Op contact Janet at 902-895-0931 or by email at admin@nhsociety.ca



When you don't know where to turn.

EXtreme REALITY

Northern Healthy Connections Society

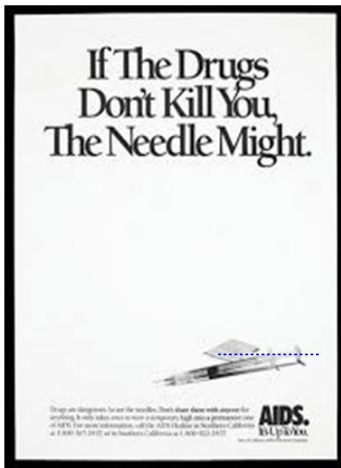


EXtreme REALITY

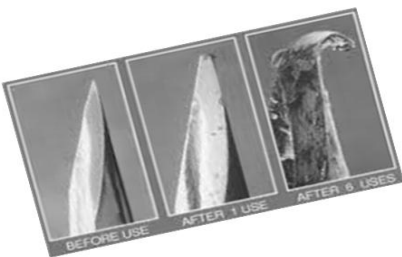
Northern Healthy Connections Society



NEEEDLE
EXCHANGE
WORKS!



REDUCE
INFECTION
GET
SUPPLIES



For supplies contact the
Northern Healthy Connections Society
located at 33 Pleasant Street
Open Monday to Friday 9 - 4:30
Phone 902-895-0931



EXtreme REALITY

Northern Healthy Connections Soci-



**Like us on
Facebook!**

**www.facebook.
com/nhcsns**

**Volunteers are
welcome !!!**

**Volunteering
provides great
experience, the
chance to meet
new people,
utilize your
skills and give
back to the
community.**

**Student
placements are
also an
opportunity to
get involved**

**Call 902-895-
0931**

Testing for Sexually Transmitted & Blood Borne Infections and Vaccinations

This service will soon be offered through a partnership between the Northern Healthy Connections Society (NHCS) and Dr. Hali Bauld in Truro, Nova Scotia. This service is one more step in providing care and options for members of the injection drug using community dealing with a substance use disorder. If you involved in high risk activity such as injection drug/opiate use, you would qualify for free testing for all sexually transmitted and blood borne infections (STBBIs) as well as vaccinations for the Flu, Hepatitis and more. This additional service will be available by appointment only...no drop ins.

When accessing the Needle Distribution and Disposal site at Northern Healthy Connections Society on 33 Pleasant Street in Truro, ask for details and make an appointment with the staff or telephone (902-895-0931)

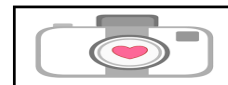
If you are accessing the Needle Distribution and Disposal site at the Northern Healthy Connections Society (NHCS) and for whatever reason miss the hours of operation—(Monday to Friday 8:30 to 4:30)

Contact the Medicine Shoppe on Prince Street or Fraser's Pharmacy in Bible Hill to acquire an emergency bag of supplies to get you through until the next day. This emergency bag contains a small amount of supplies and is not in any way to be used on a regular basis...only if you miss the regular hours of operation of NHCS.

The Northern Healthy Connections Society (NHCS) wrapped up the work conducted through funding through the Nova Scotia Department of Community Services under the "Breaking the Silence: A Coordinated Response to Sexual Violence in Nova Scotia".

The project focused on LGBTQ youth residing in the Colchester County area with a primary goal of assisting youth in understanding contributing factors leading to sexualized violence. PhotoVoice is an innovative methodology of bringing marginalized and /or vulnerable communities together around an issue or issues to creatively mobilize for grass roots social action and change.

This project conducted ten interviews with LGBTQ youth who experienced sexualized violence. The interviews were transcribed and photos or pictures were added to the individual story forming books representing each persons experience. The final report has been submitted. NHCS would like to thank the participants and the Department of Community Services.



EXtreme REALITY

Northern Healthy Connections Soci-

Services

Our Contact Information

Tel: 902 895-0931
 Toll Free 1-866-940-AIDS (2437)
 E: admin@nhcsociety.ca
 Web: northernaidconnectionsociety.ca
 Facebook: www.facebook.com/nhcsns
 Twitter@nhcsociety

Amherst

**Sexual Health Centre
 Cumberland County**
 Information, Education
 Workshops, Free
 Condoms
 902 667-7500
shccc@ns.aliantzinc.ca
 11 Elmwood Drive
 (side entrance)

Pictou

**Pictou County Centre
 for Sexual Health**
 Services for both
 women and men
 902 695-3366
pcsexualhealth@hotmail.com
www.pictoucountysexualhealth.com

**Pictou County
 Women's Centre**
 902 755-4647
pcwc@womencentre.ca

Truro

**Central Nova
 Women's
 Resource Centre**
 67 Dominion Street
 Truro. NS
 902 895-4295
admin@cnwrc.ca
cnwrc.ca

Colchester Sexual Assault Centre

Provides Support &
 Information to Anyone
 Affected by Sexual
 Assault
 902 897-4366
 80 Glenwood Drive,
 Truro
info@colchestersac.ca

RESPECT

Students Making
 Healthy Decisions
 Dalhousie Agricultural
 Campus
 902 893-6300
respect@nsac.ca

DalOut—Dalhousie Agricultural Campus

**BLAST Youth
 Colchester-East
 Hants Regional
 Library ...Truro, N.S.**
 Contact Chris
 Wildbore at
 902-895-4183

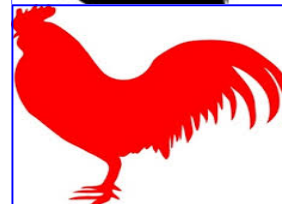
SLATE Youth
 883 Prince St.,
 Truro, N.S.
 902-893-8044

Mental Health Services — Crisis Response
 600 Abenaki Road, Truro, N.S.
 B2N 5A1
 902 896-2606 or toll free at
 1-800-460-2110 ext. 2606
www.cehha.nshealth.ca

Opiate Treatment & Recovery Program
 733 Prince St.,
 Truro, N.S.
 902-893-4776
www.addictionservices.ns.ca



Play it Safe...Always Use Condoms



Cover your cock and protect your pussy !!